

**BUTTE 4-C's**



101 North Main Street \* 723-4019

# STRONG STARTS

*Parenting in the Baby Stage*

*0-12 months*



*Free!*

## WHO SHOULD ATTEND?

THIS CLASS IS DESIGNED FOR NEW AND EXPECTING PARENTS, CAREGIVERS, AND FAMILIES. BABIES UP TO 12 MONTHS OLD ARE WELCOME TO ATTEND ALONGSIDE THEIR CAREGIVER.

## TOPICS WE'LL COVER:

- ♥ SAFE SLEEP AND KEEPING BABY SAFE
- ♥ SOOTHING, BONDING, & CONNECTING WITH YOUR BABY
- ♥ FEEDING, ROUTINES, & DAILY CARE BASICS
- ♥ UNDERSTANDING YOUR BABY'S GROWTH AND DEVELOPMENT (0-12 MONTHS)
- ♥ PARENT WELL-BEING AND ADJUSTING TO LIFE WITH BABY

WHEN: TUESDAYS, JUNE 9 – JULY 14

TIME: 11:30 AM – 12:30 PM

LOCATION: BUTTE 4C'S

*A Zoom option is available for participants in outlying counties.*

*Register Now*

